

Freestate College Soccer Seminar

Path to Success

Freshman

1. Keep your academic focus.
2. Begin to identify possible majors that you might want to study in college.
3. Start to go to college games and research different colleges that you might be interested in.

Sophomores

1. Keep your academic focus.
2. Identify a list of schools. Have several schools in different ranges.
The Sport Source for soccer has contact info and details about all US schools.
<http://www.thesportsource.com/webpages/ecommercelinks/aspcart/>
3. Watch college soccer. Where can you be a good fit? What will you need to do in order to be ready for the college game?
4. In the spring, begin contacting coaches. Send a cover letter and resume.
 - Be sure to include upcoming tournaments and schedules.
 - Update them with success, articles, and changes.
5. Take the PSAT.

Juniors

1. Keep contacting coaches frequently (before and after events).
2. Visit campuses and set up meetings with coaches.
3. Go to a summer camp at a school you might be interested in.
4. Be sure to take the SAT (possibly twice).
5. Take a SAT prep course over the summer if necessary.

Seniors

1. Do not let your grades slip.
2. Keep contacting coaches before and after events.

2. Take additional SAT or ACT exams as necessary.
2. Register in your Senior Year with the NCAA Clearing House.
3. Schedule recruiting visits wisely.
4. Focus on the pros and cons of the different schools before making a final decision.

Helpful Hints

1. Visit www.freestatesoccer.org for more information.
2. Be patient.
3. Have a large list of schools. Take unofficial visits.
4. Keep track of your correspondence. Send things or return calls or emails in a timely fashion.
5. SAT prep classes can be very important to improving test scores.
6. Videos can be helpful for coaches who cannot get to see you play easily.
7. Be prepared to always play well. Coaches will get ample opportunities to see you play.
8. Take care of your bodies (eating well and getting appropriate sleep).
9. Be patient.

Helpful Websites

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| ➤ www.collegesoccer.com | Information,schedules, contacts of all Colleges in the US |
| ➤ www.socceramerica.com | More information on college soccer |
| ➤ www.soccerbuzz.com | Site devoted to Women's College Soccer |
| ➤ www.collegesoccernews.com | Site devoted to Men's College Soccer |