

# FREESTATE COLLEGE SEMINAR FOR GIRLS

November 1, 2009



# What is the NCAA Eligibility Center?

The NCAA Eligibility Center will certify the academic and amateur credentials of all college-bound student-athletes who wish to compete in NCAA Division I or II athletics. Ultimately, the individual student-athlete is responsible for achieving and protecting his or her eligibility status.

[www.eligibilitycenter.org](http://www.eligibilitycenter.org)

# Academic-Eligibility Requirements

- If you want to participate in athletics or receive an athletics scholarship during your first year, you must:
- Graduate from high school and Complete these 16 core courses:
  - 4 years of English
  - 3 years of math (Algebra 1 or higher)
  - 2 years of natural or physical science (including one year of lab science if offered by your high school)
  - 1 extra year of English, math, or natural or physical science
  - 2 years of social science
  - 4 years of extra core courses (from any category above, or foreign language, nondoctrinal religion or philosophy)
- Earn a minimum required grade-point average in your core courses; and earn a combined SAT or ACT sum score that matches your core-course grade-point average and test score sliding scale.

(Ex: a 2.400 core-course grade-point average needs an 860 SAT)

# Division I Qualifier

Being a qualifier entitles you to:

- Practice or compete for your college or university during your first year of college
- Receive an athletic scholarship during your first year of college
- Play four seasons in your sport if you maintain your eligibility from year to year.

# First steps of the process

- Each one of you are different
- Must be proactive in this process; Best piece of advice is not to wait until someone comes after you. You must contact the schools and programs that you are interested in.
- Determine what is important to you and what you want out of your college experience
- Understand what it takes to compete at each level
- Ask questions
- Work hard to get the best grades possible.
- Start researching programs and universities that fit your interest
- Contact those university's coaches to make them aware of your upcoming events
- Attend summer camps of universities you are interested in

# The Process Continued

- Do everything you can to continue to develop as a player
- At the beginning of your junior year, register at [www.eligibilitycenter.org](http://www.eligibilitycenter.org)
- Register to take the ACT, SAT or both in your junior year
- Keep working hard to get the best grades possible.
- Keep sending updated information to college coaches about your schedule.
- Start visiting campuses; Ask questions while on visit
- Ignore when, where, who is contacting your teammates
- Continue to do everything you can to develop as a player

# Recruiting Regulations

## **Introduction**

- College coaches must follow the rules outlined in the next few slides.
- You are expected to follow these rules as well.

# Athletically Related Financial Aid

- Athletics scholarships in Divisions I and II are given initially for up to one year. They may be renewed annually for a maximum of five years within a six-year period of continuous college attendance if you fulfill NCAA requirements. But please keep in mind that your athletics aid can be cancelled or reduced at the end of one year.
- Athletics scholarships can be renewed, reduced, increased or canceled from year to year for almost any reason. If your scholarship is going to be reduced or cancelled at any time, your college or university must first provide you with an opportunity to appeal that decision.
- Athletics scholarships are awarded in a variety of amounts, ranging from full scholarships (including tuition, fees, room, board and books) to very small scholarships that, for example, provide only required course-related books.

# Recruiting Terms

- **Contact.** A contact occurs any time a coach has any face-to-face contact with you or your parents off the college's campus and says more than hello. A contact also occurs if a coach has any contact with you or your parents at your high school or any location where you are competing or practicing.
- **Contact period.** During this time, a college coach may have in person contact with you and/or your parents on or off the college's campus. The coach may also watch you play or visit your high school. You and your parents may visit a college campus and the coach may write and telephone you during this period.
- **Dead period.** A college coach may not have any in-person contact with you or your parents on or off campus at any time during a dead period. The coach may write and telephone you or your parents during this time.

# Recruiting Terms

- **Evaluation.** An evaluation is an activity by a coach to **evaluate** your academic or athletics ability. This would include visiting your high school or watching you practice or compete.
- **Evaluation period.** During this time, a college coach **may watch** you play or visit your high school, but cannot have any in-person conversations with you or your parents off the college's campus. You and your parents can visit a college campus during this period. A coach may write and telephone you or your parents during this time.

# Recruiting Terms

- **Official visit. Any visit to a college campus by you and your** parents paid for by the college. The college may pay all or some of the following expenses:
  - Your transportation to and from the college;
  - Room and meals (three per day) while you are visiting the college; and
  - Reasonable entertainment expenses, including three complimentary admissions to a home athletics contest.
- Before a college may invite you on an official visit, you will have to provide the college with a copy of your high school transcript (Division I only) and SAT, ACT or PLAN score and register with the Eligibility Center.

# Recruiting Terms

- **Unofficial visit.** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

# Recruiting Terms

- **Verbal commitment.** This phrase is used to describe a **collegebound** student-athlete's commitment to a school before she signs (or is able to sign) a National Letter of Intent. A collegebound student-athlete can announce a verbal commitment at any time. While verbal commitments have become very popular for both college-bound student-athletes and coaches, this "commitment" is NOT binding on either the college-bound student-athlete or the institution. Only the signing of the National Letter of Intent accompanied by a financial aid agreement is binding on both parties.

# Summary of Recruiting Rules for Soccer—Division I

## Sophomore Year

- Recruiting materials
  - You may receive brochures for camps and questionnaires.
- Telephone calls
  - You may make calls to the coach at your expense only.
  - College coach cannot call you.
- Off-campus contact
  - None Allowed
- Official visit
  - None Allowed
- Unofficial visit
  - You may make unlimited amount of unofficial visits

# Summary of Recruiting Rules for Soccer—Division I

## Junior Year

- Recruiting materials
  - You may begin receiving September 1 of junior year.
- Telephone calls
  - You may make calls to the coach at your expense only.
  - College coach can call once per week starting July 1 AFTER your junior year.
- Off-campus contact
  - Allowed starting July 1 AFTER your Junior year
- Official visit
  - None Allowed
- Unofficial visit
  - You may make unlimited amount of unofficial visits

# Summary of Recruiting Rules for Soccer—Division I

## Senior Year

- Recruiting materials
  - Allowed
- Telephone calls
  - You may make calls to the coach at your expense.
  - College coach can call once per week starting July 1
- Off-campus contact
  - Allowed starting July 1 AFTER your Junior year
- Official visit
  - Allowed beginning opening day of classes of your senior year.
  - You are limited to one official visit per college up to a maximum of five official visits to Divisions I and II colleges
- Unofficial visit
  - You may make unlimited amount of unofficial visits

# QUESTIONS