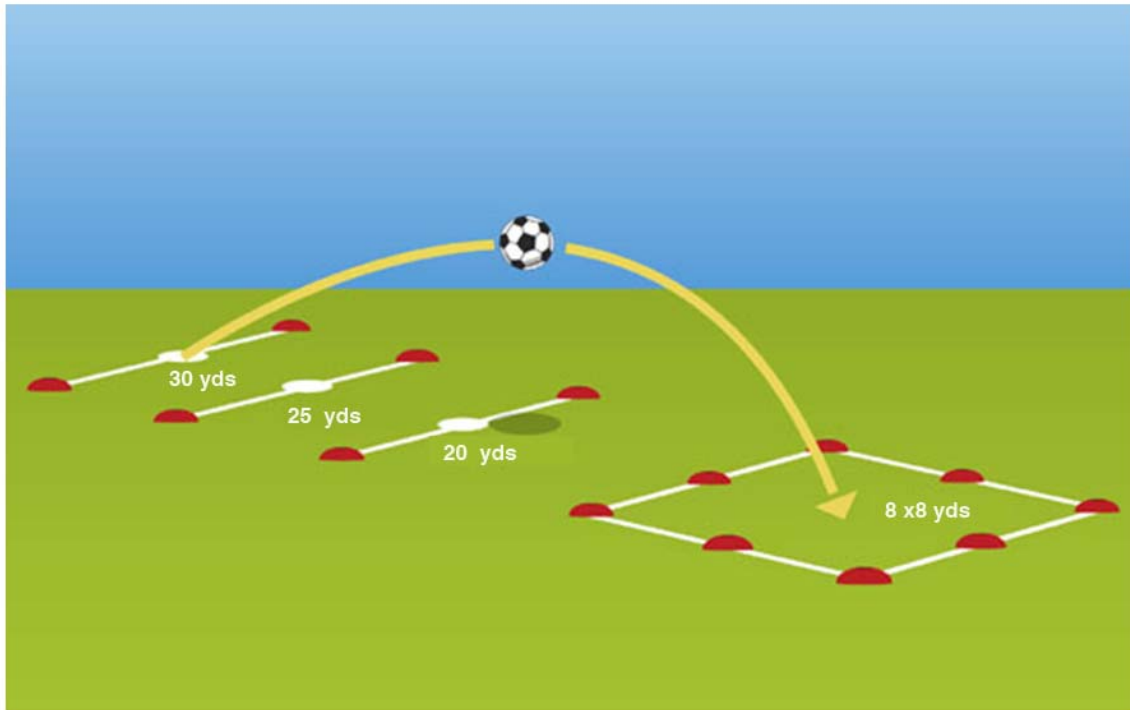


Station 4

Long Instep Passes



Objective:

Player has to play a long flighted ball with the instep into the square.

Organization:

Each Player has three tries. Distance 30 yards or 25 m boys 10 yrs
25 yards or 20 m girls 10 yrs and boys 9 yrs
20 yards or 15 m girls 9 yrs and boys 8 yrs

Scoring:

For each score player receives 20 points.

Maximum: 60 points.