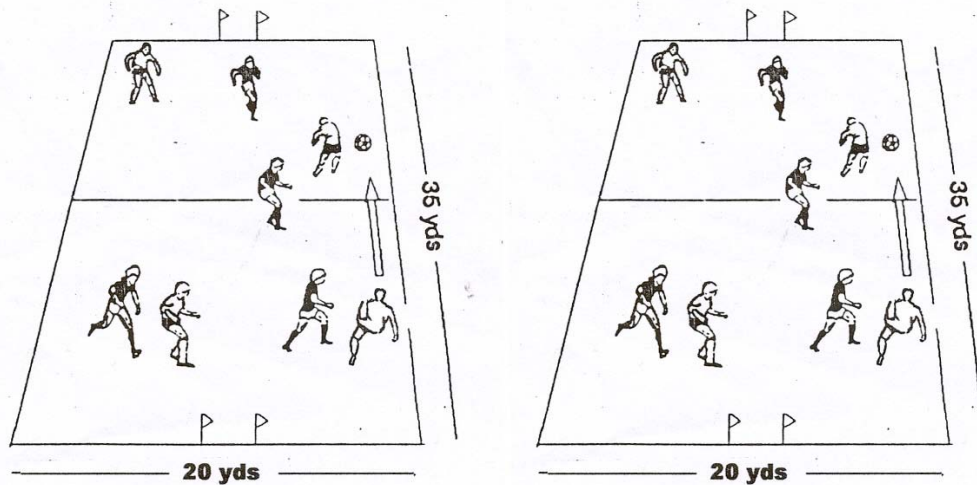


CHESAPEAKE SOCCER LEAGUE U-8 4v4

INTRODUCING.....4 V 4



Children entering at the youngest age level should participate in the game of soccer in format that is both fun and better suited to their development. The international soccer community has embraced a small-sided games approach as the best way to introduce the game children. The advantages to small-sided games approach are compelling:

4 v 4: THE ADVANTAGES

- Increases number of ball contacts, fewer players and reduced space;
- Increases player concentration as the ball is close at all the times;
- Improves fitness-lively and dynamic tempo;
- Creates better awareness and greater player flexibility, all play offense and defense;
- Provides realistic challenges, limited number of players in restricted space creates game-like conditions;
- The game itself creates soccer techniques so players can improve and enjoy the game;
- Develops skill, increases the frequency of 1 v 1 matchups;
- A high number of goals are scored which makes it great fun for children. Rules are simplified, emphasizes imaginative play; and,
- Promotes growth and appreciation for the game of SOCCER.

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Format:	4 v 4, teams divided into two games played simultaneously side-by-side, No goalkeepers
Number of Players:	Minimum of ten players.
Substitution:	At any stoppage of play unlimited.
Playing Field:	30 yards by 35 yards
Goal Size:	4ft high x 6 ft wide
Recommended ball size:	Number 4
Referee:	An Official (Junior Referee) <u>may be used</u>
Duration of the Game:	Two 25 minute halves with a 5 minute halftime
Start and Restart of Play:	Game begins from center line. Restart from point of infraction with an indirect kick. Ball going out of play, whether over the end line or touch line (side line), is played "in" with an indirect kick. Corner kicks will be played. NO OFFSIDE.
Free Kicks:	All free kicks shall be indirect. This keeps the game flowing and the attention of the kids.
Scoring:	Goals can only be scored from the attacking half of the field. No scores are kept.
Infringements:	All fouls shall result in an indirect kick. The referee/coach/official must explain ALL infringements to the offending player. No cards shown for misconduct.
Disputes:	Decisions made by the league director are final.



The Game for All Kids!®



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GUIDELINES TO PARENTS

To make this a special positive experience you have a vital role to play. Please bear these thoughts in mind:

- Encourage players with positive statements and actions. That includes the other team. It takes two teams to make a good game.
- Set good examples of behavior.
- Listen and ask youngsters about "experiences" that happened during the game. Those are learning moments. The game result should be your third or fourth question.
- The real winning is PLAYING THE GAME.
- Learning takes place during experience of playing, not result.

REMEMBER....IT'S THEIR "TURF", YOU ARE ON, SO RESPECT IT!

PLAYERS THOUGHTS

- Enjoy the game and make friends.
- "Look, Listen & Learn" *You will see new tricks and ideas. Practice them in between games and you might invent one of your own.*
- Be a "Fair Player" *You can spot these players as they set good examples to their teammates. "Well done John, "good effort," etc.*

A brilliant "Fair Player" is good enough to acknowledge sportsmanship on both teams.

It's funny; the best "Fair Players" are clever with their play and conduct.



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